

# 35th AAAP Annual Meeting and Scientific Symposium Recap



## Thank You for Making the 2024 AAAP Annual Meeting and Scientific Symposium a Huge Success!

Our 35<sup>th</sup> Annual Meeting and Scientific Symposium, held in Naples, FL, at the Naples Grande Beach Resort was filled with unmatched energy, educational excellence and robust networking—and a big dose of fun.

Thanks to the hard work of the AAAP Board of Directors, the Scientific Program Committee, AAAP staff and attendees, the 2024 meeting was a great success. As usual, it was fantastic to see everyone; the smiles and laughter were wonderful.

Throughout this brief recap, you'll see lots of photos that will bring back great memories for attendees and show many different sessions and activities available during the meeting. If you couldn't join us this year, we hope can join us for our 36th Annual Meeting and Scientific Symposium next November in San Francisco, CA, Nov. 6 – 9. More information coming soon to our website.

Don't forget, AAAP members or ABPN Diplomates who registered for the Annual Meeting receive free access to the Self-Assessment Examination 2024. This activity awards up to 10 Category 1 CME as Self-Assessment credits with the ABPN. The [Self-Assessment Exam](#) is now live. AAAP Members or ABPN Diplomates who attended the meeting should have received a code in an email to access the exam. If not, please email [cmecpd@aaap.org](mailto:cmecpd@aaap.org).

Almost 600 physicians and other healthcare clinicians attended the Annual Meeting—our first held in November. This year, AAAP once again provided a caregiver meet up and Kids Corner, where children could tap into their creative side by making crafts. The space was much appreciated by members who bring along their children to the meeting. In addition, massages and hand massages were well received by attendees.

This year saw a few changes, including the addition of the Outstanding Achievement and Service Award, which was given to Ismene Petrakis, MD. The new award replaces the Founders' and Arts and Advocacy awards. Dr. Petrakis gave a talk on the "Accidental Academic: A Research, Education and Clinical/Administrative Career Trajectory."

A highlight of every meeting is our awards ceremony, where AAAP honors individuals who have advanced



Ismene Petrakis, MD

the field of Addiction Psychiatry. The Medical Student Educator award recognizes an Addiction Psychiatrist in clinical practice who demonstrates a sustained record of outstanding contributions to medical student education in Addiction Psychiatry. Sidarth Wakhlu, MD of the UT Southwestern Medical Center was recognized. The Residency Educator award recognizes an Addiction Psychiatrist in clinical practice who demonstrates a sustained record of outstanding contributions to psychiatry residency education in Addiction Psychiatry. Jon Strelzter, MD, FACP of the University of Hawaii received this award. The Early Career Research Award went to Athanasios Amira, MD, and the Sheldon Miller Early Career Award went to Elora Basu, MD. We also honored our first class of Distinguished Trainees: Patrick Low, Sean Lynch MD and Alvaro Teixeira, MD



Travel Awardees



From left: Patrick Low, Sean Lynch MD and Alvaro Teixeira, MD, honored for the AAAP 2024 Distinguished Trainee Program.



Elora Basu, MD



Jon Strelzter, MD, FACP



Sidarth Wakhlu, MD



Regional Travel Awardees

## Trainee Poster Winners

- **1st Place:** Kelly Park, MD, Los Angeles County Department of Mental Health. Addressing a Gap in Addiction Education: Design and Implementation of a Clinical Rotation on Harm Reduction
- **2nd Place:** Adam Ketron, MD, PhD, Brigham & Women's Hospital. Neural Substrates of Cue Reactivity among Adults Receiving Treatment for Substance Use Disorders: A Systematic Review and Meta-Analysis
- **3rd Place:** Caesar Imperio, MD, PhD, Columbia University Hospital/NYSPI. The Effect of the COVID-19 Pandemic on Physician Psychiatric Distress and Alcohol Use

**Overall winner:**

Nitin Reganti, BS, MD Anderson Cancer Center/Rice University. Assessing the Influence of Insomnia on Abstinence from Smoking among Cancer Patients

One of the biggest highlights of the meeting were the four scientific symposia: 1) Psychedelic Therapy for Substance Use Disorders: Neurobiology, Evidence Base, Regulatory Considerations, and Unintended Consequences 2) Contingency Management: Implementation of a Highly Effective Intervention for the Treatment of Stimulant Use Disorder 3) Addressing the Emerging Drug Threat of Fentanyl Adulterated or Associated with Xylazine via Harm Reduction and Clinical (4) New Horizons in Addiction and the Law. We

also featured a mini symposium: What's Your Kryptonite: How to Boost Your Super Powers.

This year, we again held a special session, Addiction Psychiatry Annual REVIEW: 2024 Highest Impact.

For the first time, we welcomed the local community for a public session: Navigating Adolescent Development: A Community Session with Child Psychiatrists.

Attendees had the opportunity to participate in 15 workshops, 9 papers, 79 posters, 1 film workshop, a Medical Update on Migraine Headaches: Diagnosis and Treatment, and a Case Conference, Integrative Approaches to Adolescent Addiction psychiatry: A Case Study on Treating a 16-Year-Old with Buprenorphine for Addiction Recovery.

Attendees collaborated in various educational activities, committee meetings, regional meetings, and fun/relaxing events, including a scavenger hunt and bingo! Saturday's night reception was disco themed with AAAP's very own Seth Acton DJing the event. Your generous donations raised \$7252 this year for the Sheldon Miller Fund. Thank you to all who donated! A trainee will benefit from your generosity. Donate [here](#).

We hope to see you for the next Annual Meeting! Check out the [AAAP website](#) for updates after the first of the year.







